

CLARENCE HOUSE DAY NURSERY WEEKLY MENU WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal with Apple, Orange Juice or Milk				
SNACK	Bananas	Oranges	Apple	Cucumber	Apricots
LUNCH	Lamb or quorn moussaka, wholemeal bread and salad Arctic Roll	Chicken or vegetable pie, potatoes, cauliflower cheese & green beans Chocolate & biscuit slice	Salmon & mayonnaise or tomato pasta, peas & sweet corn Raspberry & peach crumble, custard.	Potato, leak and carrot gratin with garden peas. Fresh fruit cocktail & ice cream.	Meatballs in a tomato sauce with noodles & broccoli. Homemade chocolate brownies.
TEA	Tortilla chips, bread sticks, vegetables & dips.	Tomato soup & freshly baked bread	Ham or cheese sandwiches.	Scrambled egg on wholemeal toast.	Pasta salad.
	<p>A selection of fruit will be offered each day after tea.</p> <p>Please note that nursery tea is not substantial, parents/carers are advised to provide an evening meal.</p>				

CLARENCE HOUSE DAY NURSERY WEEKLY MENU WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal with Apple, Orange Juice or Milk				
SNACK	Raisins	Celery sticks	Pineapple	Grapes	Peaches
LUNCH	Shepherds pie & mixed vegetables. Banana & yogurt desert	Mushroom & ham or cheese pizza, potato wedges & salad. Cornflake cake & cream	Sausage or vegetable pasta bake Fromage Frais.	Vegetable stir fry with rice noodles. Apple & raisin crumble with Greek style yogurt.	Stuffed peppers with meat or vegetable filling. Fruity flapjacks.
TEA	Sausage Rolls	Vegetable soup with freshly baked bread.	Cheese or ham in pitta bread.	Chicken or vegetable kebabs.	Croissants with jam or cheese.
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CLARENCE HOUSE DAY NURSERY WEEKLY MENU WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal with Apple, Orange Juice or Milk				
SNACK	Carrot Sticks	Prunes	Pears	Baby tomatoes	Melon
LUNCH	Meat or vegetable chilli with jacket potatoes & salad. Angel Delight	Macaroni cheese or tomato pasta, broccoli & green beans. Oat biscuits dipped in chocolate	Mushroom or beef goulash with freshly baked bread & cabbage. Peach crumble & cream.	Cous cous with chicken or vegetable kebabs. Mango & orange Mousse.	Fish fingers chipped potatoes & baked beans. Fruit Kebabs.
TEA	Pancakes & assorted fillings	Chicken and vegetable nugget's	Stuffed potato skins with a variety of fillings.	Popadoms & vegetable crudités with assortment of dips.	Cheese & tomato sandwiches.
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CLARENCE HOUSE DAY NURSERY WEEKLY MENU WEEK FOUR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal with Apple, Orange Juice or Milk				
SNACK	Blueberries	Plums	Kiwi fruit	Apples	Dried mixed fruit
LUNCH	Vegetable or meat lasagne, garlic bread & salad. Choc ice.	Roasted vegetables and cous cous. Raspberry fool.	Lamb or vegetable stew, dumplings, mashed swede. Rice pudding.	Tuna or bacon pasta bake with sweetcorn & peas. Strawberries & Ice cream.	Bean or meat hotpot with cabbage. Flapjacks
TEA	Baked beans or spaghetti on toast.	Banana Bread.	Ritz crackers with cream cheese & baby tomatoes.	Malt Loaf.	Crumpets with marmite or jam.
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CLARENCE HOUSE DAY NURSERY WEEKLY MENU WEEK FIVE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal with Apple, Orange Juice or Milk				
SNACK	Cucumber	Strawberries	Grapes	Pears	Sultanas
LUNCH	Chicken or mushroom paella. Chocolate chip cookies	Cottage cheese & onion pie with vegetables. Fudge tartlets.	Jacket potatoes with tuna or cheese & salad. Banana split.	Sweet & sour vegetables or pork with rice. Lemon delight pudding.	Toad in the hole, mashed potatoes and brussels sprouts. Yogurt.
TEA	Sultana scones.	Egg mayonnaise sandwiches.	Pitta bread, cucumber sticks and hummus.	Zebra cookies.	Ham or grated cheese wraps with salad.
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CLARENCE HOUSE DAY NURSERY WEEKLY MENU WEEK SIX

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal with Apple, Orange Juice or Milk				
SNACK	Prunes	Raspberries	Melon	Kiwi fruit	Baby tomatoes
LUNCH	Ham & egg salad with freshly baked bread. Strawberry muffins.	Ratatouille & sauté potatoes. Bananas & custard	Chicken or vegetable curry and rice. Bread & butter pudding.	Spaghetti bolognaise with carrots & cucumber batons. Fruit jelly.	White fish pie with parsley sauce, sweetcorn & peas. Berry pavlova.
TEA	Sausage rolls	Cheese or ham in pitta bread.	Vegetable soup with freshly baked bread.	Chicken or vegetable kebabs.	Croissants with jam or cheese.
	<p>A selection of fruit will be offered each day after tea.</p> <p>Please note that nursery tea is not substantial, parents/carers are advised to provide an evening meal.</p>				